



Please send resumes to:

*Tracy Reid of FITNESS POWERS
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Fitness Powers is an expanding company with over 30 years of experience working in the fields of fitness, health, wellness and facility management. Our core purpose is “empowering people to live healthier lives through bettering their lifestyle behaviours.” We achieve this by providing quality programs and services that focus keeping people healthy and happy.

POSITION SUMMARY

Fitness Powers is looking for a dynamic individual in a **nursing** capacity to assist our team of professionals; providing a support system for our clients to include education, guidance and motivation to help them achieve their personal wellness goals. As an integral part of our wellness team you will promote our “Healthy Lifestyle” program offered to members at our client site. Your role is to visit and coach members on a monthly schedule; helping them with health and wellness concerns.

QUALIFICATIONS FOR THIS POSITION INCLUDES:

- Relevant Degree from an accredited Licensed/Registered Practical Nursing Program with a current registration from College of Nurses (CNO).
- Strong interpersonal skills with the ability to be diplomatic.
- Proven communication (oral & written) and analytical skills.
- Strong team player with the ability to work in a cooperative manner to achieve desired results.
- Maintain positive and friendly demeanour ALWAYS.
- Previous experience in the health and wellness education field; focusing on guidance and support is an asset.

DUTIES & RESPONSIBILITIES

- Develop a trusting relationship while providing confidential referrals in-house and within the community.
- Provide health information on specific issues and concerns, education and encouragement for healthy lifestyle choices.
- Monitor blood pressure, glucose, cholesterol, and weight.
- Provide follow up and support for services and programs offered.
- Work with the Wellness Team to provide direction, guidance and act as a resource person.
- Understand and implement infection prevention practices.
- Participate in ongoing internal and/or external continuing education activities.
- Adhere to Fitness Powers Policies and Procedures.
- Maintain confidentiality of member and corporate information within the Fitness Powers Team.
- Perform other duties as assigned.

We wish to thank all applicants for their interest and effort in applying for the position; however, only candidates selected for interviews will be contacted.